

# North Monterey County Middle School

## 2020-2021

### 7th Grade Physical Education

### Syllabus



Welcome to the 2020-2021 NMCMS school year! This course is designed to enhance students' knowledge of physical fitness concepts, provide opportunities for a variety of exercises, sports/games, and lifetime activities, as well as develop skills needed to maintain a healthy lifestyle.

For the foreseeable future, PE classes will be held virtually using such technological tools as Google Classroom, Zoom, YouTube, and personal devices such as cell phones. Although these tools are wonderful to convey information, they do not replace actual physical activity and exercise. Each student will be required to participate in physical activities that they will do on their own and which will be tracked and logged using a variety of systems.

7th grade PE will follow National and California Physical Education Standards.

[National PE Standards](#)

[California PE Standards](#) (7th Grade Pages 28-30)

#### **Attendance**

Students will be required to join in scheduled Zoom or Google video conferences twice a week. During these synchronous meetings the concepts of the PE lesson will be taught, students will collaborate with one another and other feedback will be given. Roll will be taken using Illuminate and students will receive participation points. Failure to attend these meetings can result in lower grades, falling behind, disciplinary action from school and district administration, and intervention from county truancy officials.

#### **Grading**

Students will be graded on participation, completion of assigned work, and test and quizzes. Tests and quizzes will be administered in live Zoom meetings and via Google Classroom. Students will be expected to complete assignments by the due dates provided. If assignments/quizzes/tests are missed due to an excused absence; students will be given the opportunity to make up missed work. This will be handled on an individual basis. Your child's grades and assignment scores may be accessed any time on the Illuminate Parent Portal

**Students will be expected to...**

- contribute actively by asking questions, responding appropriately, and providing useful feedback to class and group discussions
- demonstrate knowledge of content through oral presentations, writing tasks, collaborative conversations, and multimedia

**Work at Home Policy:**

Students are expected to check their email and Google Classroom at least once per day for important updates and reminders. Assignments will be completed in a timely manner in accordance to due dates. Students will be given a sufficient amount of time to complete assignments before they are due.

**Digital & Offline Citizenship Expectations:**

Students are expected to adhere to the school-wide expectations for behavior both online and offline to maintain a safe learning environment.

- [SLANT](#)
- [Zoom/Google Meets Expectations](#)
- [RISE Behavior Matrix](#)

**Helpful Links for School-Wide Information:**

NMCMS School Website: <https://www.nmcusd.org/Domain/12>

Illuminate Parent/Student Portal: <https://nmcusd.illuminatehc.com/login>

NMCMS Google Classroom: classroom.google.com (Code: sf36xgl)

**A Special Note:**

I am looking forward to working with you during this school year! I understand these are uncharted times; I believe that when we work together, we all rise up and achieve greatness!

Mr. Smart

[aron\\_smart@nmcusd.org](mailto:aron_smart@nmcusd.org)

Office Hours: To be communicated via Google Classroom