

Purchasing Meals is Easy!

All meal stations are now equipped with computers. Use your student ID number to purchase meals at any of our point of sale stations. Our "chuck wagon" pulls into the parking lot at lunch time where you may also purchase your meals. You may also deposit money into your account at any station, or you may use the internet at mynutrikids.com to add money to your account. Please remember, we do not allow students to charge their meals.

We try very hard to please our customers. If you have any suggestions on how we may do a better job to serve you please contact Claudia Odell, Cafeteria Manager, and let her know how we can better serve you.



Free and Reduced Meal Program

Free and Reduced meals are offered daily at North Monterey County High School. As always, your participation is confidential and not known by other students.

If you did not receive a letter qualifying you for free meals by direct certification or participation in the migrant program, you must submit a new application for the 2009/2010 school year by September 18, 2009. Applications are available at the school office and the school cafeteria. Return completed applications to the school cafeteria, school office or to Child Nutrition Services.

For more information about school lunches contact us at :

**North Monterey County USD
Child Nutrition Services
8142 Moss Landing Road
Moss Landing, CA 95039
831-632-0290**

**North Monterey County
High School**

Condor Café

Breakfast and Lunch Menu 2009-2010

“Feeding the Future”.



Breakfast Menu

Breakfast is served daily from 7:30—9:00 and during the morning break.

The Breakfast Meal Deal only

\$1.50

Served before school and during the morning break.

- 1) Choose an Entrée
- 2) Select a Fresh Fruit or Juice
- 3) Your choice of Milk

Choice of Entrees includes:

Ham and Cheese Bagel

Yogurt, Sausage Muffin, Egg and Cheese Muffin, Bagel w/Cream Cheese

Breakfast Burrito, Assorted Muffins, Breakfast Croissant, Cheese Quesadilla

*Menu subject to change



Condor Cafe

Lunch Menu

Lunch is served in the cafeteria, student forum, kiosk carts located in the quad and from the "chuck wagon" in the parking lot.

Meal Deal only \$3.00

- 1) Choose an Entrée
- 2) Select up to two side dishes
- 3) Your choice of Milk

Lunch Side Dishes:

Select up to two:

Assorted Fresh Fruit, Fresh Vegetables, Cookie, 100% Fruit Juice, 100% Juice Bars

Meal Prices:

Breakfast: \$1.50

Reduced Breakfast: \$ Free

Lunch: \$3.00

Reduced: \$ Free

Lunch Entrée Choices

Main Dish Specials Daily!

Salads

Chicken Cesar Salad
Chef Salad

*Fresh Fruit and Yogurt Salad

Pizza

Pepperoni Pizza

*Cheese Pizza

*Vegetarian Pizza

*Bosco Cheese Sticks

Deli/Sandwiches

*Wraps

Deli Sandwich

*PB & J Sandwich

Tuna Salad Sandwich

The Grill

Hot n'Spicy Chicken Burger
Colossal Cheeseburger

*Veggie Burger

A limited number of a la carte snacks and beverages are also available for purchase

*Vegetarian Options